

**First Officer (FO) Flows**

➤ **PREFLIGHT FLOW**

AIRCFT LOGBOOK.....CHECK  
 LANDING GEAR PINS.....VERIFY 3 ABOARD  
 (MAX) FLASHLIGHT.....TEST (AS INSTALLED)  
 CIRCUIT BREAKERS.....CHECK  
 DC METER SELECTOR.....BAT  
 BATTERY SWITCH.....ON/Guarded  
 FUEL PANEL.....1 PUMP ON  
 HYDRAULIC PUMP ELEC.....OFF  
 AIR CONDITIONING PANEL.....CHECK  
 LANDING GEAR LEVER.....DOWN  
 FIRE/OVERHEAT WARNING.....TEST  
 AC METER SELECTOR.....GRD POWER  
 GRD PWR.....ON  
 APU SWITCH.....START  
 APU GENERATOR BUS SWITCHES.....ON  
 (MAX) APU DOOR LIGHT.....EXTINGUISHED  
 IRS L AND R.....NAV  
 (MAX) MAINT LIGHT.....EXTINGUISHED  
 ELECTRICAL PANEL.....SET  
 EMERGENCY EXIT LIGHTS SWITCH.....  
 .....ARMED/Guarded  
 ENVIRONMENTAL CONTROLS.....AS REQD  
 CDU.....CHECK FMC CONFIGURATION  
 CDU.....ENTER PRESENT POSITION  
 FLAP LEVER.....VERIFY POSITION  
 PARKING BRAKE.....VERIFY SET  
 WHEEL WELL FIRE WARN.....CHECK  
 EXTERIOR LIGHTS.....CHECK  
 FLIGHT DECK DOOR ACCESS  
 SYSTEM.....TEST

**EXTERIOR INSPECTION**

➤ **FLIGHT DECK PREP FLOW (NG / MAX)**  
 EXTERIOR LIGHTS.....SET  
 CRASH AXE.....STOWED  
 LANDING GEAR PINS.....VERIFY 3 ABOARD  
 LIFE VESTS.....CHECK  
 PBE.....CHECK  
 FIRE EXTINGUISHER.....CHECK/SECURED  
 EFB PREFLIGHT.....ACCOMPLISH  
 EFB 28V DC CHARGING PLUG AND CORDS  
 PREFLIGHT.....ACCOMPLISH  
 ADDITIONAL.....CHECK  
 SEAT.....ADJUST  
 RUDDER PEDALS.....ADJUST  
 FLIGHT DECK LIGHT.....SET AS DESIRED  
 ESCAPE STRAP.....CONNECTED  
 CABIN TEMP.....MONITOR AND ADJUST  
 WING-BODY OVHT.....TEST  
 PRESSURIZATION PANEL.....SET  
 IGNITION SELECTOR SWITCH.....IGN R  
 ATIS.....ACQUIRE  
 LUVCARS CLIENT.....LOG ON  
 DESIRED LEG.....SELECT/DISPATCH  
 CLEARANCE.....ACQUIRE (WHEN AVAILABLE)  
 FMC.....PROGRAM  
 PWB.....PROGRAM TAKEOFF CONDITIONS

MODE CONTROL PANEL.....SET  
 EFIS CONTROL PANEL.....SET  
 ➤ **FLIGHT DECK PREP FLOW (NG CONT.)**  
 ENGINE INSTRUMENTS.....CHECK  
 OIL QUANTITY.....CHECK  
 HYDRAULIC QUANTITY.....CHECK  
 AUTOPILOT INDICATORS PANEL.....TEST  
 DISPLAY SELECT PANELS.....NORM  
 FLIGHT INSTRUMENTS.....CHECK  
 CLOCK.....DAY, MONTH, YEAR/SET TO UTC  
 GPWS.....TEST  
 CDU.....RTE 2/2 PAGE  
 TRANSPONDER.....TEST/SET, SELECT TA/RA  
 VHF NAVIGATION RADIOS.....SET  
 VHF COMMUNICATIONS RADIO AND AUDIO  
 CONTROL PANEL.....SET  
 CREW OXYGEN SYSTEM.....CHECK  
 (-700) SMOKE GOGGLES (AS  
 INSTALLED).....CHECK  
 SUN VISOR.....CHECK  
 FLIGHT DECK SLIDING  
 WINDOW/HANDLE.....CLOSED AND LOCKED  
 ➤ **FLIGHT DECK PREP FLOW (MAX CONT.)**  
 ENGINE INSTRUMENTS.....CHECK  
 OIL QUANTITY.....CHECK  
 HYDRAULIC QUANTITY.....CHECK  
 AUTOPILOT INDICATORS PANEL.....TEST  
 FLIGHT INSTRUMENTS.....CHECK  
 AUXILIARY DISPLAY.....CHECK UTC, XPDR,  
 MONTH, YEAR, NOSE NUMBER  
 GPWS.....TEST  
 FIRST OFFICER SELECTOR.....SELECT C  
 CDU.....RTE 2/2 PAGE  
 TRANSPONDER.....TEST/SET, SELECT TA/RA  
 VHF NAVIGATION RADIOS.....SET  
 VHF COMMUNICATIONS RADIO AND AUDIO  
 CONTROL PANEL.....SET  
 CREW OXYGEN SYSTEM.....CHECK  
 SUN VISOR.....CHECK  
 FLIGHT DECK SLIDING WINDOW/HANDLE  
 .....CLOSED AND LOCKED  
 ➤ **THROUGH FLIGHT FLOW**  
 IRS L AND R.....ALIGN, THEN NAV  
 FMC/CDU.....ENTER PRESENT POSITION  
 (MAX) MAINT LIGHT.....EXTINGUISHED  
 PRESSURIZATION PANEL.....SET  
 IGNITION SELECTOR SWITCH...AS REQUIRED  
 ATIS.....ACQUIRE  
 FMC.....PROGRAM  
 CPDLC.....LOG ON  
 LUVCARS INITIALIZATION.....PROGRAM, AS  
 REQUIRED  
 CLEARANCE.....ACQUIRE (WHEN AVAILABLE)  
 PWB.....PROGRAM TAKEOFF CONDITIONS  
 MODE CONTROL PANEL.....SET  
 FLIGHT INSTRUMENTS.....CHECK  
 TRANSPONDER.....SET, SELECT TA/RA

VHF NAVIGATION RADIOS.....SET  
 VHF COMMUNICATIONS RADIO AND AUDIO  
 CONTROL PANEL.....SET  
 (-700) SMOKE GOGGLES (AS  
 INSTALLED).....CHECK  
 CREW OXYGEN SYSTEM.....CHECK  
 FLIGHT DECK SLIDING WINDOW/HANDLE.....  
 CLOSED AND LOCKED  
 EFB PREFLIGHT.....ACCOMPLISH  
**Captain Briefing**  
 • Assign PF/PM  
 Duties  
 • SIP Page  
 • Alternates  
 • Special Airports  
 • MEL items  
 • NOTAMs  
 • Adverse weather  
 • Taxi routing  
 hotspots/SMGCS  
 • Runway conditions  
 • RTO considerations  
**Pilot Flying**  
 • Clearance  
 • MCP and VHF NAV  
 radio  
 • FMC route  
 • Automation and  
 navigation  
 • HGS T/O  
 • Required min climb  
 gradient  
 • Engine-out turn  
 procedure  
 • Transition altitude  
**✓ BEFORE START CHECKLIST**  
**PWB Takeoff Data Review**  
 Review PWB Takeoff Data (LUVCARS)  
 Load FMC (LUVCARS)  
 PERF INIT – Select “LOAD” prompt (FMC)  
 Review the T/O REF pages (FMC)  
 Select “ACCEPT” (FMC)  
 (CA) – Review PERF INIT, N1 LIMIT, T/O REF  
**✓ BEFORE PUSH CHECKLIST**  
 ➤ **BEFORE START FLOW**  
 PUSH BACK TIME.....NOTED  
 ANTI-COLLISION LIGHT.....ON  
 ISOLATION VALVE.....CONFIRM AUTO  
 RECIR FAN(S).....AUTO  
 AIR CONDITIONING.....PACKS OFF  
**ENGINE START**  
 “START # \_\_\_\_” --- “OIL PRESSURE”  
 “LIGHT OFF” --- “ROLL BACK”  
 START SWITCH.....CONT  
 IGN SWITCH.....LEFT  
 START # \_\_\_\_ OR SINGLE ENG TAXI  
 --- PUSH COMPLETE (CREW CLEAR) ---  
 CLOCK.....START  
 ➤ **AFTER START FLOW**  
 ELECTRICAL.....GENS ON ENG  
 APU SWITCH.....AS REQ  
 PROBE HEAT.....ON  
 ENGINE & WING A-ICE.....AS REQ  
 HYD PNL.....A SYS ON  
 A/C & PRESS.....SET  
 WHEEL WELL LIGHT.....OFF  
 OIL QUANTITY.....CHECK  
 START LEVERS.....VERIFY IDLE  
 FLAP LEVER.....“STANDING BY FLAPS”  
 (CA) “FLAPS \_\_\_\_” --- (FO) “FLAPS \_\_\_\_”

(CA) “CONTROL CHECK”  
 (FO) “CONTROL CHECK”  
**✓ BEFORE TAXI CHECKLIST**  
 ----- 1 MIN PRIOR TO TAKEOFF -----  
 ➤ **BEFORE TAKE OFF FLOW**  
 A/C & PRESSURIZATION.....SET  
 WX RADAR OR TERRAIN.....SET 4’  
 APU.....AS REQ  
 ----- IF CHANGES TO FMC OR PWB DATA -----  
**✓ DEPARTURE PLAN CHECKLIST**  
**✓ BEFORE TAKEOFF CHECKLIST**

WHEN CLEARED ONTO RWY  
 LIGHTS.....SET

<b>NORMAL TAKEOFF</b>	
(PF)	(PM)
N1 TO 40% THEN INCREASE	
-PUSH TO/GA-	
“SET TAKEOFF THRUST, XX.X”	“XX.X, SET”
	“80 kts”
	“V1”
	“ROTATE”
“LDG GR UP”	“POS RT, LDG GR UP”
CLIMB AT V2 + 20	
<b>@ 400 ft</b>	
“LNAV OR HEADING SEL”	
<b>@ MIN CLEANUP (1000)</b>	
“SET SPEED” (IF REQUIRED)	Ensure SPD Bug is at the UP bug
“FLAPS UP” on schedule	REPEAT PF CALLS
“CLIMB THRUST”	SET/VERIFY THRUST

TO/FLAPS	DISPLAY	SPEED	SET
25	V <sub>2</sub> + 15	V <sub>2</sub> + 15	15
	15	170	5
	5	180	1
	1	200	UP
15 OR 10	V <sub>2</sub> + 15	V <sub>2</sub> + 15	5
	5	180	1
	1	200	UP
5	V <sub>2</sub> + 15	V <sub>2</sub> + 15	1
	1	200	UP
1	1	200	UP

- (PM) After the flaps indicate fully retracted, Landing Gear – OFF (NG only)  
 AUTO BRAKE – OFF
- @ 5000 ft, select “N1 LIMIT” page on FMC and delete CLB-1 or CLB-2 (NG ONLY).  
 CLIMB [ @ 10,000 FT ]

## First Officer (FO) Flows

"10,000 FT".....*BOTH*  
 (CA) ATTEND BUTTON.....PUSH  
 ➤ **CLIMB FLOW**  
 PRESSURIZATION.....CHECK  
 (FO) CABIN TEMP.....CHECK  
 (CA) START SWITCHES.....AS REQD  
 (CA) APU.....AS REQD  
 FUEL SYSTEM.....MONITOR  
 VHF #2 RADIO.....GUARD (121.5)

➔ (PF) calls **"CLIMB CHECKLIST"**

**[@ FL180 or Transition ALT]**

"xxx ft, Standard Set".....*BOTH*  
 (FO) WING / LOGO LIGHTS.....OFF  
 (CA) LDG / RWY TURN LIGHTS.....OFF

-----**BEFORE TOP OF DESCENT**-----

ATIS/GATE.....ACQUIRE  
 PWB.....REQUEST LANDING DATA  
 PWB.....REVIEW DATA  
 AUTOBRAKES.....AS REQD  
 APPROACH SPEEDS (INIT REF).....SET  
 MINIMUMS.....SET

**ARRIVAL BRIEFING (PF)**

STAR/transition - ALT/SPEED restrictions - Trans level - ADVERSE WX - NOTAMS - SIP - Special Airports - MEL items - Apprch TYPE - Flaps - Braking - Touchdown point/exit plan - LAHSO - Xfer of aircraft - Taxi RTE/hotspots/SMGCS -

✓ **DESCENT CHECKLIST**

-----**APPROACHING [FL 180]**-----

(CA) LDG/RWY TURN LIGHTS.....ON  
 (CA) START SWITCHES.....AS REQD  
 (FO) WING LOGO (NIGHT).....ON  
 (FO) ALTIMETER.....SET  
 SHOULDER HARNESS.....FASTEN  
 (PF)  
 "FLIGHT LEVEL 180, XX.XX, APPROACH CHECKLIST."  
 (PM)

"FLIGHT LEVEL XXX, "

✓ **APPROACH CHECKLIST**

**APPROACHING [10,000]**

(CA)  
 ATTENDANT CALL.....PRESS  
 ATTENDANT CALL.....MONITOR  
 "10,000 FT, FLIGHT ATTENDANTS NOTIFIED"  
 (FO)

"10,000 FT"

PRESSURIZATION.....CHECK  
 SEATBELT SIGN.....ENSURE ON  
 NOTE:

CONSTANT SPEED DESCENTS

250 kts @ IDLE = 1,700 fpm

210 kts @ IDLE = 1,300 - 1,400 fpm

TYPE	ILS/HGS	RNAV	NON-PR
LAT	VOR LOC/APP	LNAV	LNAV / VOR LOC / HDG
VERT	APP	VNAV	VNAV / V/S

Approach category D minima (141-165 kts)

- When approaching, and before decelerating below flaps up maneuvering speed (UP), select flaps 5.
- When approaching, and before decelerating below flaps 5 maneuvering speed (5), select flaps 15.
- When approaching, and before decelerating below flaps 15 maneuvering speed (15), select flaps 25, or final landing flaps.

**CONFIGURATION CALLS & SEQUENCE**

➔ **12-15 nm from FAF**

(PF) Begin slowing from **250 kts to flaps up** maneuvering speed by **10 nm (210 clean)**

➔ **On base leg or 5 nm from the FAF**

(PF) Call, **"Flaps 5."**

(PM) Repeat, **"Flaps 5."**

Set speed to **180 kts or flaps 5 speed bug**

➔ **3 nm from FAF OR (G/S ALIVE)**

(PF) Call, **"Landing Gear Down, Flaps 15."**

(PM) Repeat, **"Landing Gear Down, Flaps 15."**

Set speed to **150 kts or to flaps 15 bug**

(CA) SPEEDBRAKE.....ARM

➔ **2 nm FROM FAF**

(PF) Call, **"Flaps \_\_\_\_."** Slow to **VTARGET.**

(PM) Repeat, **"Flaps \_\_\_\_."** Select flaps \_\_\_\_.

(PF) Call, **"Before Landing Checklist."**

FLAPS SET AND NO LATER THAN 1,000 FT ABOVE TDZE COMPLETE THE:

➔ **BEFORE LANDING CHECKLIST**

**Setting the MCP Altitude to Zero**

MCP altitude must be set to zero for all instrument approaches, except circle-to-land procedures.

**APP MODE:**

- Cleared for the approach
- On a published segment of the approach
- VOR/LOC captured
- GS captured

**VNAV MODE:**

- Cleared for the approach
- On a published segment of the approach
- Final segment roll mode verified in FMA
- Prior to GP intercept
- VNAV PTH in FMA

**V/S MODE:**

- Cleared for the approach
- On a published segment of the approach
- At the FAF altitude, if there are no restrictions inside of the FAF, after compliance with stepdown restrictions inside of the FAF is ensured

**Visual Approach Profile**

➔ DOWNWIND: FLAPS 5 – 5 maneuver

➔ PRIOR TO BASE LANDING GEAR DOWN

Flaps 15

➔ BASE FLAPS 30/40 – VTGT

**@ 1,000 ft above TDZE Callouts:**

POSITION	PF	PM
AT 1,000 FT ABOVE TDZE	"1,000 FT, AIRSPEED ____, SINK RATE."	"1,000 FT"
ON FINAL	DISENGAGE THE AUTOPILOT AND AUTOTHROTTLE NO LOWER THAN 50 FT AGL.	"500" IF NO AUTO CALLS. "100" "50" "30" "10"

**ILS APPROACH CALLS:**

POSITION	PF	PM
LOC CAPTURE	"VOR LOC CAPTURE"	
GS INTCP	"GLIDESLOPE CAPTURE"	
@ MARKER	"XXXX AT (ALT)"	"CROSS-CHECKED"
1,000	"1,000 FT, AIRSPEED ____, SINK RATE ____,."	"1,000 FT"
@ 500 AGL		"500"
100 ABOVE DA	"GOING OUTSIDE"	"APPROACHING MINIMUMS"
@ DA	"LANDING OR GO AROUND"	"MINIMUMS"

**RNAV (GPS) AND (RNP) APPROACH CALLS:**

POSITION	PF	PM
ON APPCH	"LNAV AND VNAV PATH"	Verify FMA
FAF	"(FIX) at (ALT)"	"CROSS-CHECKED"
@ 1,000 FT ABOVE TDZ	"1,000 FT, AIRSPEED ____, SINK RATE ____,."	"1,000 FT"
@ 500 AGL		"500"
100 ABOVE DA	"GOING OUTSIDE"	"APPROACHING MINIMUMS"
@ DA OR DDA	"LANDING OR GO AROUND"	"MINIMUMS"

**NON-PRECISION V/S APPROACH CALLS:**

POSITION	PF	PM
INTCP FINAL	"VOR LOC CAPTURE"	Verify FMA
FAF	"(FIX) at (ALT)"	"CROSS-CHECKED"
@ 1,000 FT ABOVE TDZ	"1,000 FT, AIRSPEED ____, SINK RATE ____,."	"1,000 FT"
@ 500 AGL		"500"
100 ABOVE DDA	"GOING OUTSIDE"	"APPROACHING MINIMUMS"
@ DDA	"LANDING OR GO AROUND"	"MINIMUMS"

**GO AROUND/MISSED APPROACH CALLS:**

PF	PM

"GO AROUND" Select TO/GA Advance thrust Rotate to 15°	"GO AROUND"
"FLAPS 15"	"FLAPS 15"
"LANDING GEAR UP, SET MISSED APPROACH ALTITUDE"	"POSITIVE RATE, LANDING GEAR UP"
AT 400 FT "HDG SEL OR LNAV"	"HDG SEL OR LNAV"
1,000 ft AGL "FLAPS 5" @ BUG OR VREF+15	"FLAPS 5"
If appropriate "I HAVE THE THRUST" OR "CLIMB TRUST"	Verify climb thrust, advise ATC of go-around.
"FLAPS 1" @ BUG OR 170	"FLAPS 1"
"FLAPS UP" @ UP BUG OR 190	"FLAPS UP"

**LANDING CALLS:**

POSITION	PF	PM
AT TOUCHDOWN		"EXTENDED" OR "NO SPEEDBRAKE"
NOSE WHEEL ON THE GROUND	SET REV TO DETENT 2	"DEPLOYED" OR "NO REVERSE"
		"AUTOBRAKE DISARM"
		"60 KTS"

(CA) "FLAPS UP"

(CA) SPD BRK.....DN / LIGHTS.....OFF

➔ **AFTER LANDING FLOW (FO)**

FLAPS.....(FO) "FLAPS UP"  
 CLOCK.....START  
 RADAR.....TEST/OFF  
 AUTOBRAKE SWITCH.....OFF  
 APU.....START  
 ENG START SW.....OFF  
 LIGHTS.....AS REQ  
 ANTI-ICE.....SET  
 PROBE HEAT.....OFF  
 WINDOW HEAT.....OFF  
 APU GEN BUS Switches.....ON  
 OPERATIONS.....CALL

➔ **PARKING SHUTDOWN FLOW (FO)**

ANTI-COLLISION.....OFF  
 PACKS / AIR.....AS RQD  
 HYD PUMPS.....ELEC OFF  
 APU.....AS RQD  
 TRANSPONDER.....STBY  
 AND SET ALL ZEROS  
 LUVCARs POSTFLIGHT  
 P/C AIR / PACK CONFIGURED  
 APU

**AFTER SHUTDOWN (TERMINATING)**

(CA) POST FLIGHT.....ACCOMPLISH  
 (FO) Crew change or terminating; enter fuel and oil in logbook.